

# Leytonstone

## Arts

## Trail

### Welcome to the first Leytonstone Arts Trail (LAT)

5-13 July 2008

Come and be stimulated by the visual expressions of our local artists who are opening up their homes and studios, exhibiting in business premises, in the open-space and the 491 Gallery.

All types of art will be on show – look out for it on walls, in windows, on floors, at Hollow Ponds, on a bike shed and hanging from the ceiling!

**Ponder, look, listen, and participate – feast your eyes and heart!**

FILM · INSTALLATION · SCULPTURE · TEXTILES · PAINTING · PRINT · PERFORMANCE ART · PHOTOGRAPHY

### Competition time!

The winner will receive a £25 arts voucher

To win the competition you have to match the question the artist has set to their work; there are 18 artists/groups on the trail and just 12 questions. Tell us which artist wrote which question, and identify the red herring! You can write your answers on a piece of paper, or download a competition question sheet from the website. Send in your answers, and tell us in no more than 200 words what inspired you about the LAT? Open to everyone over the age of 12.

Answers by 31st July to:

LAT 2008, c/o One Stop Shop, 841 High Road, Leytonstone, E11 1HH,  
or email to: leytonstone08art.trail@yahoo.co.uk

The winner will be notified by 21 August 2008.

Have fun and enjoy – I'm looking forward to hearing your views about the LAT.

Anna Spain



<http://www.leytonstonefestival.org.uk/artstrailWelcome.php>

A special thanks to:

Alison Bray - artist · Martin Adams - artist · Francis Bowman - artist · Lynn - Hinga design  
Nick Tiratsoo - Leytonstone Festival Association · Fawaad Shaikh - One Stop Shop  
Suja Luna Khaled - Luna Lounge · Chrissie & Alan Button - graphic designers

And to our funders:

Apex Arts / Waltham Forest Council

Awards for All



# Competition time!

1. Which organisation represents all of the arts in the borough?

2. What happens when you look for a long time?

3. Can we discuss issues of international importance through art?

4. Is drawing - 'mark-making', an instinctual human need that crosses cultures?

5. Is art the same around the world?

6. What gets you animated?

7. How do you feel about artist-led, grass-roots, community regeneration projects/galleries?

8. One whistle plays once a minute, second plays twice etc. How long before 20 all play together?

9. How can organic, spiritual, and ever changing aspects of the natural world be reflected in art?

10. Living in the shadows – do you?

11. How does wool (become) felt?


12. Why do giraffes have long necks?

**1 Exit Strategies III: Variations on the Ground**



ARTIST: **James Bull**  
A large group of people gather and are provided with whistles. They gradually disperse, playing according to predetermined rules.  
Hollow Ponds Car Park, Whips Cross Road  
Sun 13: 2.30pm  
[www.insearchofsilence.co.uk](http://www.insearchofsilence.co.uk)

**2 Abstract**



ARTIST: **David Puddifoot**  
Much of my inspiration comes from music. Colour, shape and form come together to create rhyme and rhythm. The viewer is free to make their own connections.  
90 Poppleton Road, Leytonstone, E11 1LT  
Saturdays: 11am-5pm Sundays: 12noon-6pm

**3 Wearable Art**




ARTIST: **Lizzie Houghton**  
Felted clothing made by hand in sumptuous colours incorporating silks and velvets; including hats, jackets and accessories.  
90 Poppleton Road, Leytonstone, E11 1LT  
Saturdays: 11am-5pm Sundays: 12noon-6pm  
[www.lizziehoughton.com](http://www.lizziehoughton.com)  
Email: [lizzie@lizziehoughton.com](mailto:lizzie@lizziehoughton.com)

**4 Hide and Reveal**



ARTIST: **Anna Spain**  
What do you hide and reveal? An interactive installation exploring the subject: as images are 'opened' and revealed the display space will change during the arts trail.  
85 Poppleton Road, Leytonstone, E11 1LS  
Sat 5: 2-5 Sun 6: 1-6 Tue 8: 7-9  
Sat 12: 11-5 Sun 13: 11-3  
Email: [crystaltips4chocolate@yahoo.com](mailto:crystaltips4chocolate@yahoo.com)

**5 Landscape and Inscape**



ARTIST: **Philip Wray**  
A series of landscape paintings in watercolour, oil and mixed-media. Abstract paintings inspired by mountains, rivers and the inner terrain of the human heart. Joy of form and colour....  
Quaker Meeting House, Bush Road, Leytonstone, E11 3AU  
Sat 12: 2pm-6pm

**6 The rock beyond the trees**



ARTIST: **Nick Vadasz**  
My work is inspired by London and currently Spain: landscapes, skylines, gardens and open spaces. I enjoy the freedom of painting and try to work spontaneously, reacting to what I see on the canvas.  
The Trifle Café, High Street Leytonstone, E11 3AJ  
9.30am-9.30pm daily except Sundays: 11am-8pm  
[www.nickvadasz.com](http://www.nickvadasz.com)  
Email: [nvisme2@hotmail.com](mailto:nvisme2@hotmail.com)

**7 A range of art including painting, installation and printing**



ARTIST: **Waltham Forest Arts Club**  
A selection of work from a multitude of members of the arts club, in different media, including: prints, paintings, sculpture, video and more.  
One Stop Shop (Business Centre)  
841 High Road, Leytonstone, E11 1HH  
Sat 5: 9.30-4.00 Mon 7: 9.30-6.30  
Tue 8: 9.30-6.30 Wed 9: 9.30-8.00  
Thur 10: 9.30-6.30 Fri 11: 9.30-6.30  
Sat 12: 9.30-4.00  
[www.artclub.org.uk](http://www.artclub.org.uk)

**8 Animating the word**



ARTIST: **Salmagundi Ltd**  
Salmagundi work with different age groups within the community to produce short issue based animations/films. 'Animating the word' celebrates the individual voice, and the power of the visual metaphor.  
The Luna Lounge, 7 Church Lane, Leytonstone, E11 1HG  
Times to be announced  
Email: [info@salmagundi.co.uk](mailto:info@salmagundi.co.uk)

**9 Images from WDPS's Leytonstone Members**



ARTIST: **Walthamstow & District Photographic Society**  
A collection of the WDPS's Leytonstone members work. The WDPS has over 60 members. These are just some of their images, only from local members. Everybody is welcome to join.  
Haart, 49/50 Church Lane, Leytonstone, E11 1HE  
Viewing times are in the shop window  
[www.wdps.org](http://www.wdps.org)

**10 Red Flower; Earth from Above and Couple**



ARTIST: **Robin Shell**  
My paintings express my relationship with, and love of the natural and spiritual aspects of the world. I experiment with colour combinations and play with conventional patterns. I will also be showing photographs of the New Forest.  
Century 21, 30 Church Lane, E11 1HG  
Saturdays: 9.30-6.00 Sunday: closed  
Monday-Friday: 9.30-6.30

**15 Group show**



ARTIST: **491 Gallery**  
Group show of painting, film, sculpture, installation and performance from the 491 Gallery resident artists and the regeneration project.  
491 Gallery, 491 Grove Green Road, E11 4AA  
12noon-7pm daily  
[www.491gallery.com](http://www.491gallery.com)

**16 Video art: Fragments from a love speech**



ARTIST: **Maria Levia + A15**  
Maria Levia's Art can be catalogued as bright and personal contemporary art work where provocation and reaction are always expected. Come and live her paintings and installations.  
491 Gallery, 491 Grove Green Road, E11 4AA  
12noon-7pm daily  
Tel: 07943 824 498

**17 Domestic Disturbance**



ARTIST: **Francis Bowman, Dexter Dymoke, Steve Hutton & Takako Jin**  
Art works inspired by domestic life are transplanted back into the home environment. Come round and have a look at a few surprising objects.  
17 Ferndale Road, Leytonstone, E11 3DW  
Sat 5, Sun 6, Sat 12: 12-8 Sun 13: 12-6  
Email: [frances.bowman@gmail.com](mailto:frances.bowman@gmail.com)  
Tel: 07931 906 751

**18 Bleeding back in**



ARTIST: **Sally Labern**  
Sally Labern's performative drawings are traces of a hugely physical performance process where the artist leaves behind a potent and emotional imprint of her own body - akin to a narrative flat-plan sculpture.  
145 Dames Road, London, E7 0DZ  
Saturdays: 12-7 Sundays: 2-5 Friday: 5-8  
Email: [Sally@8thplinth.com](mailto:Sally@8thplinth.com)



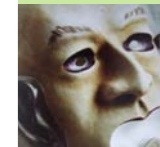
**Leytonstone Arts Trail**

**11 Felt accessories**



ARTIST: **Cathy Unwin**  
A selection of felt accessories including: beads, scarves and wraps. Each unique piece is hand-made from merino fleece.  
Century 21, 30 Church Lane, Leytonstone, E11 1HG  
Saturdays: 9.30-6.00 Sunday: closed  
Monday-Friday: 9.30-6.30  
Phone: 07722 794 224  
Email: [cathy.unwin76@ntlworld.com](mailto:cathy.unwin76@ntlworld.com)  
Contact Cathy for sales and 'feel@home/felt@home' workshops

**12 "No dolls please" and "Leytonstone Exotic"**




ARTIST: **Alison Bray**  
Figurative sculpture exploring the body as a symbol of our energetic state plus photography of E11 reappraising our local surroundings as something unfamiliar and fresh.  
Century 21, 30 Church Lane, E11 1HG  
Saturdays: 9.30-6.00 Sunday: closed  
Monday-Friday: 9.30-6.30  
Email: [wooke1717@hotmail.com](mailto:wooke1717@hotmail.com)

**13 Tread softly....**



ARTIST: **Jo Grant**  
"Tread softly because you tread on my dreams...."  
This work is both a reflection of my own hopes and fears and an interactive community mapping project. Come and add your dreams.  
Century 21, 30 Church Lane, E11 1HG  
Saturdays: 9.30-6.00 Sunday: closed  
Monday-Friday: 9.30-6.30  
Email: [johoto@hotmail.co.uk](mailto:johoto@hotmail.co.uk)

**14 Here's Looking at You**



ARTIST: **Sophie Bowman**  
At night, behind the high road, our streets become a magical world. See what you could discover if you take a side street, remove your headphones and stop to look.  
Leytonstone Bike Shed, where Harrington Road meets Church Lane E11. Use Church Lane exit from Leytonstone station and turn right - the Bike Shed is visible and 30 seconds away.  
Times: all day and every day  
[www.flickr.com/photos/sophiebowman](http://www.flickr.com/photos/sophiebowman)  
Email: [sophiebowman@gmail.com](mailto:sophiebowman@gmail.com)

Thank you to all the artists who have enthusiastically embraced this opportunity to exhibit art for the first Leytonstone Arts Trail. Without you it wasn't possible! This is the start of bringing art into the community, and celebrating the artistic richness within Leytonstone. We invite more local artists to join for 2009.

# Leytonstone

## Arts

## Trail

**5-13 July 2008**

**We invite you to pick up your copy of a Leytonstone Arts Trail Map  
and begin your journey of inspiration....**



Maps are available at The Eatery, Harts and Century 21 (all in Church Lane),  
The Trifle Café and One Stop Shop (next to Barclays) High St Leytonstone.  
Or download from: <http://www.leytonstonefestival.org.uk/artstrailWelcome.php>



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